Why I'm talking about menopause...

MY FAMILY MATTER TO ME - I'M A HUSBAND, A SON AND A BROTHER.

I WANT TO SUPPORT MY COLLEAGUES & FRIENDS.

IT'S IMPORTANT TO ME TO SHARE IN MY PARTNER'S EXPERIENCE.



MENOPAUSE ISN'T JUST A WOMEN'S PROBLEM. IT'S EVERYONE'S PROBLEM.

> NOBODY SHOULD HAVE TO SUFFER IN SILENCE.

> > WE NEED TO BREAK THE STIGMA.

Menopause affects all of us – not just women of "a certain age". Our aim is to remove the stigma about menopause, and to improve awareness & support. Check out our guide for more info: www.accord-myunion.org/menopause

